

2023 NFHS BOYS LACROSSE RULES CHANGES

- 1-2-1 Adds endline and sidelines to required lines that are subject to technical foul penalty. Prior rules was only the midline
- 1-2-7 Changes size of the substitution area to 5 yards on each side of midline and the coaches area ends 5 yards below the restraining line.
- 1-7-1-4 States that a stick must be string in a manner that will NOT allow a standard golf ball to pass through
- 1-8 Clarifies that a stick head may NOT have protrusions.
- 1-9-1g Clarifies what is considered a legal shoe
- 4-3-1 Simplifies the language regarding restarts to clarify situations
- 4-24-1 & 8 Clarifies that if a goalkeeper is injured outside of the crease and scrimmage area and is not in danger, play shall continue at the official's discretion
- 6-10-2 Clarification on when stalling shall be called.
- 7-2h (NEW) During running time, penalty time will start with the whistle resuming play after the penalty is administered. If there is time remaining on a non-releasable penalty when a goal is scored, the earliest the penalty will release is when the ensuing faceoff has been completed